



LOCAL 22 FIRE FIGHTERS & PARAMEDICS HEALTH PLAN

HEALTH PLAN

February 11, 2019

Dear Plan Participant:

The Health Plan has partnered with Pegasus Therapeutic Riding Academy to offer a program for children of First Responders.

Pegasus Therapeutic Riding Academy is an equine assisted activities center for children and adults with disabilities located at 8297 Bustleton Ave. The program will primarily work on introducing stress coping skills while working with Pegasus horses, along with secondary skills such as responsibility, respect, building relationships, asking for help, team work and communication.

The Health Plan is offering 2 different programs to our members' dependent children, ages 6 - 18:

1. **Children with Special Needs:** this 12-week program, which begins February 15, 2019, is designed specifically for children with special needs and has a ratio of 1 instructor for each 2 children. Dates and times of appointments are established upon enrollment. Determination of eligibility for this program is handled solely and directly by the Pegasus Therapeutic Riding Academy. Participation in the program is limited so we suggest you contact Pegasus, at the number or email below, as quickly as possible.
2. **Children without Special Needs:** The Health Plan is also offering a program for children without special needs. This program runs for 8 weeks and will be held on **Sunday mornings** from **March 31, 2019 to June 9, 2019**. There is **limited space** available and applicants will be accepted on a first come - first served basis.

Registration and admission into both programs are being handled solely by the Pegasus Therapeutic Riding Academy.

Contact Teresa Doherty, Program Director for Pegasus Riding Academy at **(215)-742-1500** or e-mail at PegasusTeresa@comcast.net to register for this program. The deadline to register is **March 4, 2019**.

The cost of the program is being covered through Local 22's Health Plan – so don't delay if you want your child enrolled in this worthwhile program!

