TO: PHILADELPHIA FIRE AND POLICE DEPARTMENTS FROM: WEIGHT WATCHERS OF PHILADELPHIA. INC.

BATTLE OF THE BADGES- ROUND XXXII



DATES:

Begins Sunday, April 8th, 2018 registration will go through Saturday, April 21, 2018. (2-week period)
 The Battle will end Saturday, July 7th, 2018 (13-week period)

ELIGIBILITY:

- · All Philadelphia Fire & Police Personnel
- · Retirees & Civilian employees of each department
- Spouses & Children (13 16 with doctor's note)

WHERE:

· Philadelphia County locations only (located on the back)

IDENTIFICATION:

- Employees & retirees must present payroll number at time of registration.
- · Family members must register at same time as employees & retirees
- After initial meeting, they need not attend together.

RESPONSIBILITY:

- Participants are required to attend one meeting per week.
- · Participants are responsible to pay for missed meeting's upon return.
- Participants must attend and weigh in at least 10 out of 13 weeks in order to have their weight loss included in the final total of weight lost for their department.

FEE:

• \$5.00 per week, per participant (Must pay any missed meeting fees before being weighed)

PRIZES:

- Weight Watchers of Philadelphia, Inc. will donate \$10,000 to the Hero Thrill Show, Inc. in the name of the winning department.
- The winner will be determine by the highest percentage of average weight loss from among the top losers in each department.
- A gift will be awarded to each department in the name of the Police Officer and Firefighter with the greatest weight loss.
- In addition, five runner-ups from each department who lose the most weight will receive a gift as well.
- Those participating in the competition who attend 10 out of 13 weeks are eligible
 to continue to attend consecutively until they reach Lifetime status at a special weekly fee of \$10.00.

NOTE: Independence Blue Cross (PA) reimburses their members for Weight Watchers meeting fees. For information and an enrollment form, call the Health Resource Center at 1-800-ASK-BLUE. (Up to \$200.00 annually)



CENTER CITY

1500 WALNUT ST CENTER
1500 Walnut Street
Mezzanine - Suite 100
(over Butcher and Singer Restaurant) Monday 12:00 pm 12:00 pm Tuesday **EX***Wednesday Wednesday. 7:30 am 12:00 pm 12:00 pm Thursdav Thursday 6:00 pm

9:00am-2:00 pm **Friday EX** Saturday 8:00 am Saturday 10:00 am

Children's Hospital of Philadelphia 3400 Civic Center Blvd. Buerger Building, Room 6105

EX Wednesday 11:00 am

The Philadelphian 2401 Pennsylvania Ave. (Community Room)

on Parkway across from Art Museum. 5:30 pm Monday

University of Penn. Facilities

3101 Walnut Street (entrance room one) **Next to Left Bank building (elevator to first floor) EX** Tuesday 12:00 am

NORTH PHILADELPHIA

Zion Baptist Church Broad and Venango Streets (Church Chapel)

Thursday

6:30 pm

NORTHEAST PHILADELPHIA

ACADEMY

(no steps)
Academy Center 3342 Grant Avenue
Grant Avenue & Academy Road

Grant Avenue & Academy	nuau	
Monday	9:30	am
Mondaý	7:00	pm
Tuesday	12:00	pm
Tuesdav	6:00	pm
Wednesday	6:30	рm
Thursday	9:30	am
Thursday	6:30	pm
Friday	10:00	am
Friday	12:30	
EX *Saturday	7:45	am
EX *Saturday Saturday	9:30	am

BUSTLETON (no steps)

Grant Plaza Center		
Grant Plaza 1 (by Radio Shack		
Tuesday	9:30 am	
Tuesday	6:00 pm	
Wednesday	12:00 pm	
Wednesday	7:00 pm	
Thursday	6:30 pm	
Friday	9:30 àm	
EX *Saturday	7:45 am	
Saturday	9:30 am	

FISHTOWN

Bethel Baptist Church 2210 East Susquehanna Avenue 6:00 pm **Thursday**

NORTHEAST (no steps)
Northeast Center

7320 Castor Avenue Monday 1:00 pm Monday 7:00 pm 5:30 pm Tuesday Wednesday 9:30 am 9:30 am Thursday 7:00 pm Thursday 9:30 am Friday EX Saturday 8:00 am 10:00 am Saturday Sunday 9:30 am

PORT RICHMOND

Samuel's Recreation Center 3539 Gaul Street

Wednesday 6:00 pm

NORTHWEST PHILADELPHIA

GERMANTOWN Canaan Baptist Church 5430 Pulaski Street (children's day care room)

Thursday

6:00 pm

MT. AIRY

St. Raymond's Church 1350 East Vernon Road

Saturday 10:00 am

ROXBOROUGH

Roxborough Presbyterian Church 8230 Ridge Avenue (Walnut Room) 6:30 pm 7:00 pm Monday Tuesdav 8:30 am Saturday

SOUTH PHILADELPHIA

South Philadelphia Center

2112 South Broad Street (Broad & Snyder) (downstairs)

Monday 7:00 pm Tuesday 6:00 pm 9:30 am 7:00 pm Wedneśday Wednesday 12:00 pm Thursday Thursday 5:00 pm WI Friday EX Saturday 9:30 am until 5:00 pm 8:00 am 10:00 am Saturday

WEST PHILADELPHIA

Tabernacle Evangelical Lutheran Church 59th and Spruce Streets

Saturday Entrance is up the handicapped ramp through the double red doors. There is a bell at the top of the ramp for admittance.

Schedule subject to change without Notice. Call to confirm locations, days and times



Specialty Groups EX* - Sunrise Express Meeting

(one hour only)

EX - Express Meeting (one hour only) WI - Weigh-In (no meeting held) & - Wheel chair accessable scale