

**Stepping Forward for Families of**

**First Responders- Stage 1 (Unmounted)**

**Where:** Pegasus Therapeutic Riding Academy

8297 Bustleton Ave. Philadelphia, PA 19152

**When:** Sunday Mornings 9:00am-10:00am

Spring Session: March 29th-June 14th **or**

Fall Session: September 27th- December 13

**What:** Pegasus Therapeutic Riding Academy, an equine assisted activities center for children and adults with disabilities located in Pennypack Park in Northeast Philadelphia, will be providing an equine facilitated learning program for the children of First Responders families. The program will primarily work on introducing stress coping skills while working with our equine partners, along with secondary skills such as responsibility, respect, building relationships, asking for help, team work and communication.

**Cost:** Covered through Local 22 health plan

**How:** Contact Teresa Doherty, Program Director, 215-742-1500 or [PegasusTeresa@comcast.net](mailto:PegasusTeresa@comcast.net). The deadline to register is

March 23rd and space is limited.