



**HEALTH PLAN**

## **Navigating a New Cancer Diagnosis**

*Guidance for Local 22 Health Plan members*

**CANCER  
STUDY  
GROUP**

**A new cancer diagnosis can be overwhelming. There are many scans, tests, doctors' appointments, and decisions to make. One set of decisions patients face early in the journey is where to be treated, what doctor and team to pick, and whether to get a second opinion.**

***Picking the Right Cancer Doctor Matters:*** Different cancer centers, and different doctors, can give patients different outcomes. Every site of care is not the same.

### **What to look for in a Cancer Doctor**

- A “subspecialist” in your cancer (a doctor that focuses and studies your specific type of cancer).
- A doctor and team that sees many patients with your specific type of cancer.

***Particularly if you have a rare or advanced cancer,  
it is very important to reach the appropriate specialists.***

***We have Resources to Help:*** As part of your healthcare benefits, we have partnered with a service called Cancer Study Group that specializes in helping cancer patients understand their options. Cancer Study Group can assist you in your search for the right doctor and support your thinking on this important step in your cancer journey.

If you have been diagnosed with cancer and would like additional support, call Jen Prater, our Guardian Nurse, today to get started.



**Jen Prater:**  
**(484) 803-2198**