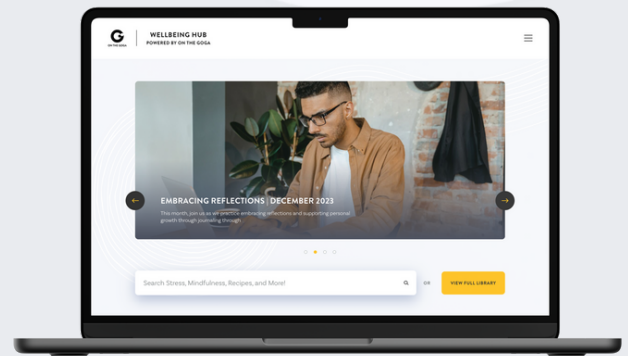
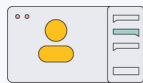


# Wellbeing Hub

Your Wellbeing Hub is a one-stop-shop for all things wellness including wellbeing resources, videos, recipes, meditations, and more. You can also register for upcoming workshops, view past workshop recordings and participate in challenges!



*Who's Eligible?* Active City Employees with a payroll number may obtain an account and participate in challenges. Although contracting employees working in City departments are not allowed to obtain an account and participate in challenges you are welcome to attend virtual sessions showing in the Employee Newsletter.



**Live & Recorded  
Wellbeing Workshops**



**Wellbeing  
Challenges**



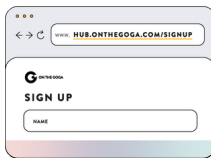
**Recipes, Videos,  
Articles & More**



**& More  
Resources**

## How To Sign Up:

1



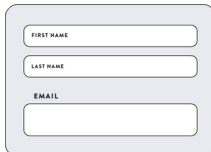
### Visit The Hub

HUB.ONTHEGOGA.COM/SIGNUP

Click Here

SIGN UP

2



### Use Your City of Philadelphia Email

Fill in your basic account information. Be sure to use your City of Philadelphia email address.

3



### Check Your Inbox For a Confirmation Email

Click the link in the email to confirm your account. Don't see the email? Check your spam folder.

4



### Log In To Your Account

Once you've confirmed your account, you can log in and start exploring your new Wellbeing Hub



**SCAN ME**

to sign up for the On The  
Goga Wellness Hub